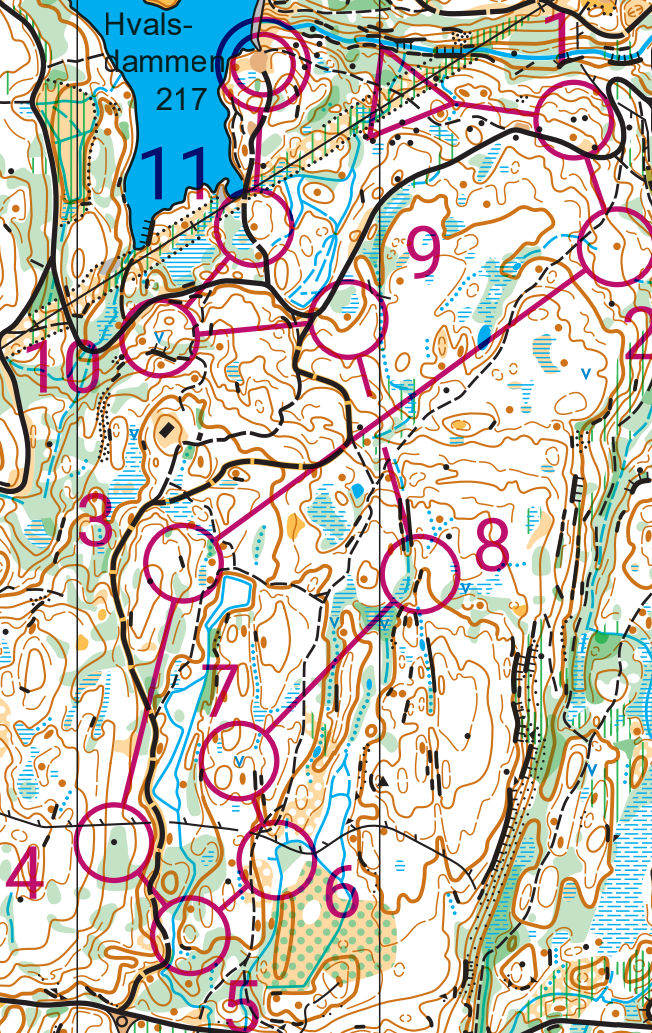


Treningsløp 2022-05-12					
B/C		2,5 km			
▷		↖	↗	×	
1	36	←	▲		○
2	31		●		
3	38		E		L
4	140		▲		Ö
5	34		○		ñ
6	54		~	Y	
7	35		~>		
8	69	↗	E		L
9	44		●		
10	45		~>		
11	40		●		
○		160 m			
		○			

Landfalltjern

Hvals-
dammen
217



Svarttjern